

Tarot Spreads
Understanding Reversals
Connecting Cards
Intuitive Patterns

The Art of
**Reading
Tarot**

4 Part Series

Psychic Medium
Andrea Zonnis

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The Art of Tarot Reading

Tarot Spreads

Part 1

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Tarot Spreads

4 Week Course Goals

Learn how to give a Tarot reading

Deepen your connection with Tarot

Express with ease the following answers:

- How do you connect with spirit?
- What kind of messages do you bring through?
- What's your style of reading?

Tarot Spreads

Clearing your Deck

Use a smudge such as Palo Santo, Sage, Bay Leaves or Sweet Grass

Knock gently on the cards

Blow on the deck

White Light

Singing bowl or "Om" sound

Tarot Spreads

Shuffling your Deck

Choices:

- Do you let others touch your deck or not?
- Do you choose the cards or get the client to?
- Do you use the cards that fly out?

There is no right or wrong way but it's good to have a routine or ritual that you use every time.

In Person Example:

I shuffle the deck three times.
Then I pass the deck to my client and ask them to put the cards into 3 piles.
I then put the cards back into 1 pile, cut it and ask them to blow on the top.

Tarot Spreads

Prayer or Intention

I ask that our guardian angels, spirit guides and ancestors join us for this reading.

We wish to connect to the infinite wisdom of the akashic records and the divine source of creation.

May all the messages that come through today be of love, light, healing and accuracy for the greatest good of all.

Tarot Spreads

Ethics

Get consent or permission

Be Kind & Gentle

Do No Harm

Intend to Help

Refer clients to seek professional help
when needed aka Doctor or Lawyer

Do not predict death, illness or serious
injury

Speak from your heart

Keep confidentiality

*Remember: a spoonful of sugar helps the medicine
go down*

Tarot Spreads

How to begin a Tarot Reading

Welcoming your querant

Introducing yourself

Tell them what you do

Energetically clear your cards

Shuffle your deck

Say prayer or invocation or intention

Ask if they have any questions or topics
that they would like to cover.

Choose your Tarot Spread

Select the cards

Flip them over and begin . . .

Tarot Spreads

10 Card Spread - General

General life overview that touches on our biggest life questions to bring clarity and confirmation. This spread can be broken down into a 3 card or 6 card spread.

Past - Where you are coming from, recent events

Present - What's going on in the here and now

Future - What's coming up

Mind - What you have been thinking about

Heart - How you're feeling, what's in your core

Spirit - Connection to your personal truth

Life Path - Work, Career, Purpose, Passion

Relationships - Romance, Love, Family, Children

Life Lessons - What you are learning right now

Wild Card - Anything else you need to know or the topic of their question.

Past

Present

Future

Wild

Mind

Heart

Spirit

Life Path

Relationships

Life Lessons

Tarot Spreads

4 Card - Overcoming Obstacles

Specific challenge or obstacle being faced

Situation - What circumstances are surrounding the issue

Challenge - What is the obstacle or challenge in this situation

Guidance - Advice from Spirit for how to deal with the obstacle

Outcome - Potential outcome or resolution of the situation



Tarot Spreads

Relationship Spread 8 Cards

Gaining insight into a love relationship

Mind - How they each think of the other.

Heart - How they each feel about each other

Soul - The spirit or karmic connection between the two

Connection - How these two souls interact. What they bring out in the other.

Person #1

Person #2

Mind

Mind

Connection

Heart

Heart

Soul

Soul



Traditional Celtic Cross

1. **Situation** – This is the signifier or present moment. Where you are at in your life. What's going on?
2. **Obstacles** – What is in your way? What's crossing you? What do you need to be aware of? What is your current challenge?
3. **Goals** – What have you been thinking about? What are you aware of? Known factors. Aspirations or ideals.
4. **Root** – Subconscious information. What is unknown in this situation? What are the underlying influences?
5. **Past** – What has happened in the past to bring you where you are now?
6. **Future** – What is coming up?
7. **Attitude** – The way in which you are facing the situation. How do you feel about yourself? Your life?
8. **People** – People in you life. The environment of the situation. Are you being supported or not?
9. **Hopes & Fears** – What is your inner desire? What are you wanting?
10. **Outcome** – What will possibly happen?



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Tarot Reversals

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Card Reversals

To Read Reversals

Greater depth of information

Opens up more possibilities when reading

Give you more direct answers

The meaning can become the opposite of the upright card

Arguments For & Against

To NOT Read Reversals

There are already enough positive and negative cards in the deck

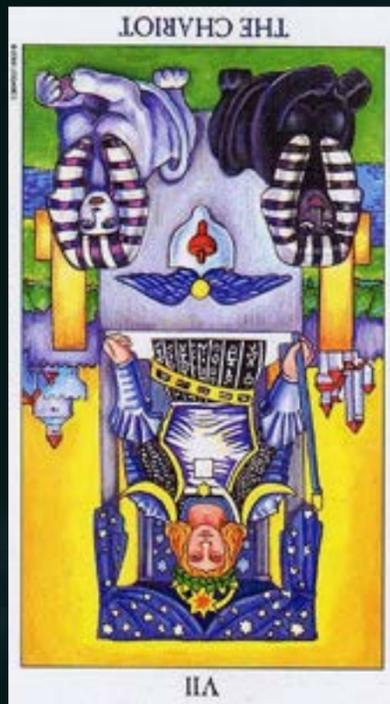
Another 78 card meanings to learn is A LOT

The Tarot card combinations will give you the same information as reversals.

Which do you prefer?

Advice: Stick to upright position meanings until you've mastered them!

Card Reversals



Possibilities

Upright VS Reversed

Flowing Energy VS Blocked Energy

Happening Now VS Future Possibility

Yes VS No

External VS Internal

Light VS Shadow

3 N's

Add a "no," "not" or "needs" in front of the meaning.

Let's practice!



Card Reversals

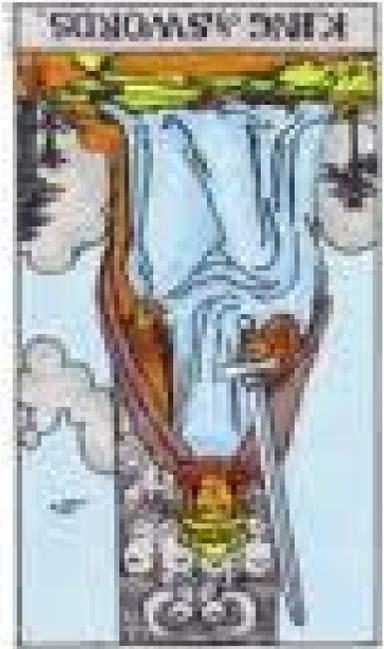
Court Cards Reversed

Understanding the shadow vs the light in each person.

Is this person being their best self or shadow self?

Look at the direction of where the face is pointing to give you clues as to what they are looking at or coming from

Remember: no person is all good or all bad, but is a combination of these two. Our actions (or inactions) reveal who we really are.



Intuitive Reading

Express Yourself
Trust the First Thing you Feel
Be Kind



Look

"Clairvoyance"

Hold the card up to your 3rd eye

Describe the card

Positive, Negative OR Neutral

What is the first symbol you notice?

Is there anything about the image in the card that stands out to you?

Feel

"Clairsience"

Hold the card over your heart chakra

What is the general feeling of the card?

Any sensations in your body?

Any emotions that come up?

Where in your body do you feel the card?



Listen

"Clairaudience"

Hold the card over your ear

Clear your mind

Put your ego in a box

Listen to the inner voice of your conscience

Do you hear any words or phrases?

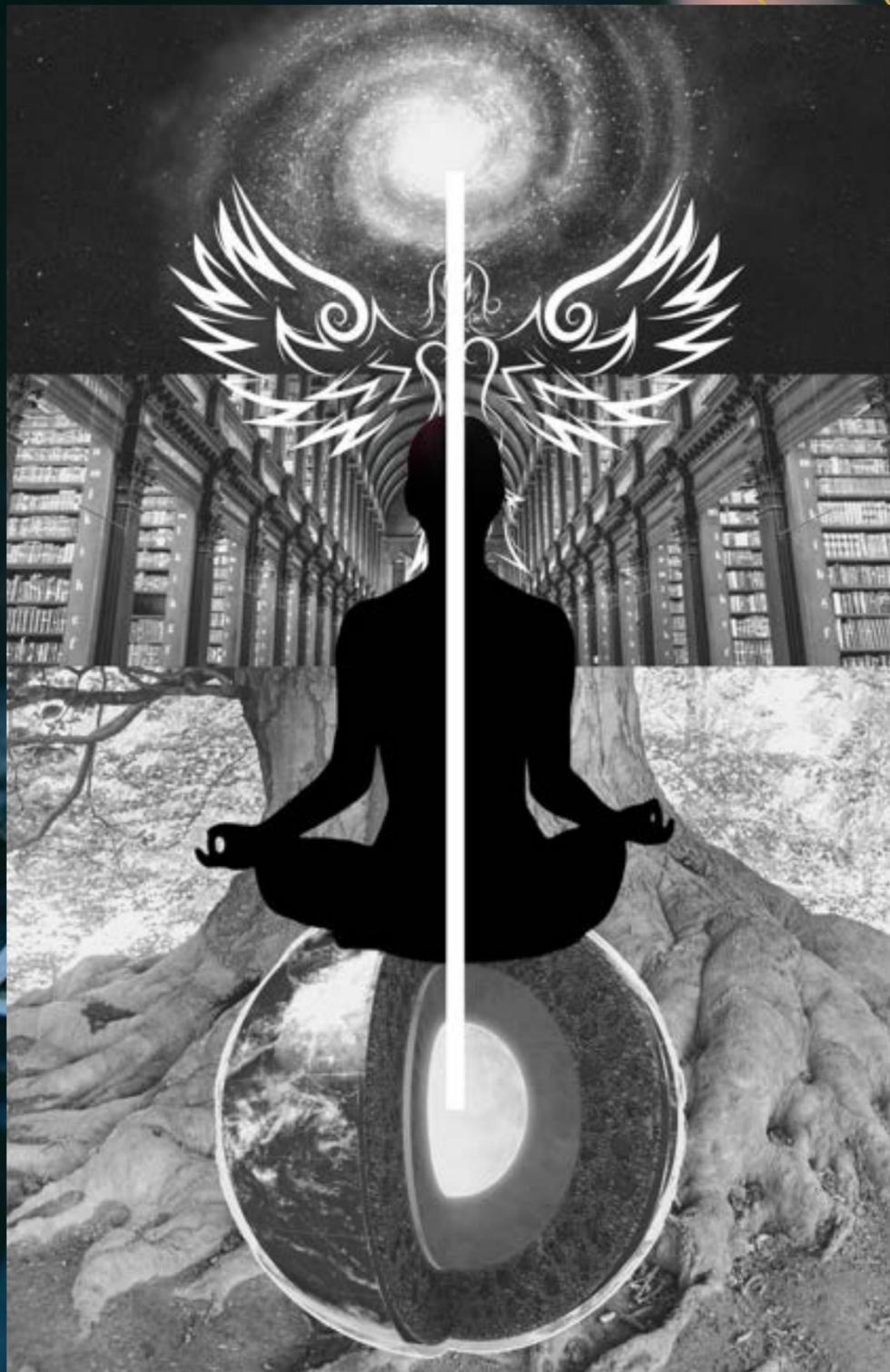
Any thoughts/ideas come to mind?

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**Card
Connection**
Part 3

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Card Connection



Connecting to Spirit

Relax & Breathe

Let go of any tension, stress or thoughts

Call in your Angels, Spirit Guides & Ancestors

Connect your silver cord to the star of your choice

Ask for the Akashic Records to open

Feel love & light fill you body

Send the cord down through your feet to the core of
mother earth.

Feel the love of the planet grounding you.

Card Connection

Relationship

The true magic of Tarot starts to appear when we connect the cards together in a spread!

One card on it's own has a meaning, theme or expression but 2 cards together will help you to gain valuable insight and deepen your understanding.

We do this by blending the meanings of the cards together. Look at the picture and trust your intuition.

Card Connection

Blending

Do the cards strengthen and support each other? The meaning is then fortified.

Are the cards in opposition? Together these cards will take on a completely different meaning.

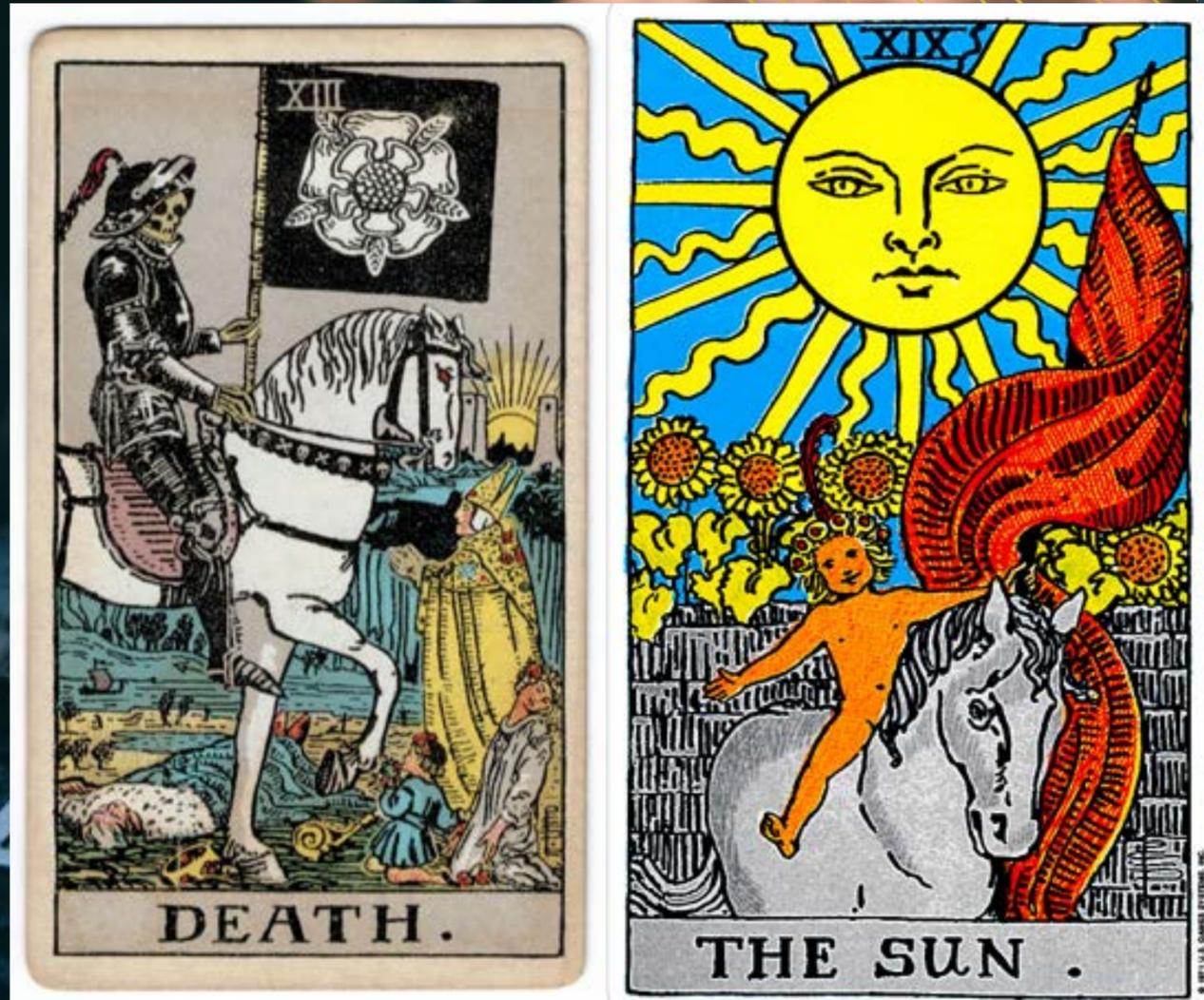
Are there common themes, numbers or symbols?

How do the elements of the cards interact?

What is the relationship between these two cards?

Card Connection

Positive cards will lighten up more challenging ones!



Death

Ending, Finality

The Sun

Happiness, Prosperity, Joy

Together:

An ending that leads to happiness

Thank goodness that's over!

Card Connection



The Tower

Unexpected Event, Upheaval, Liberation

2 of Wands

Opportunity, Business Partnerships, Gateway

Together:

An unexpected event leads to a new opportunity.

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How to start a reading

Start at a Court Card or the 1st Major Arcana Card

Describe what kind of person your querent is:

- What do you pick up from the person you are reading for?
- Who are they?
- Focus on the positive.
- What kind of personality do they have?

Major Arcana

- What is the life lessons that the querent is learning?
- How are they feeling about their life?

Overview: What elements are repeating

Disks - Earth

Physical: Health, Home, Finances

Cups - Water

Emotions, Feelings, Relationships

Wands - Fire

Action & Movement

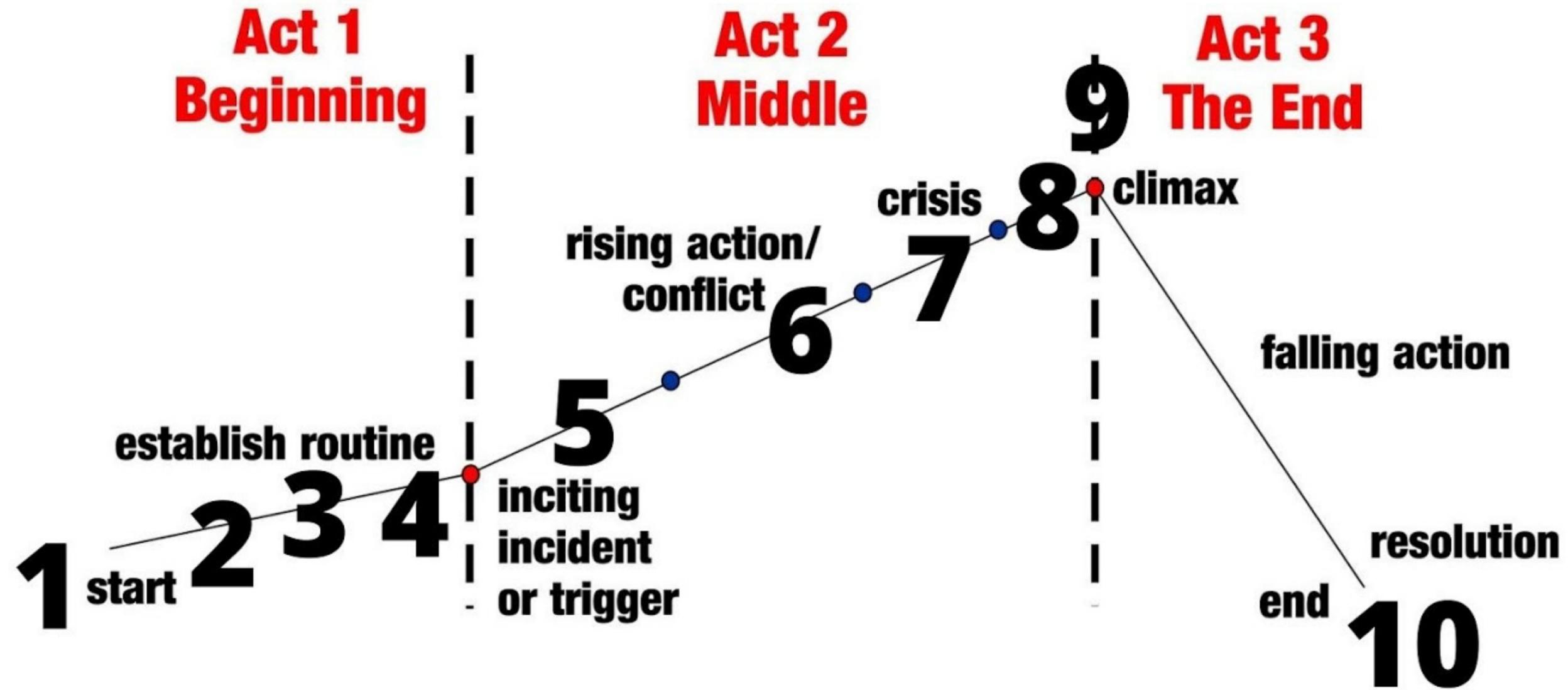
Swords - Air

Mind, Thinking & Logic

Overview: What numbers are repeating

- 1 - New Beginning
- 2 - Balance
- 3 - Development
- 4 - Structure
- 5 - Change
- 6 - The Heart
- 7 - The Mind
- 8 - Patterning
- 9 - Climax
- 10 - Completions

Story Arc



How to close a reading

Summarize the cards

- Say one sentence about each card
- Give a 3 sentence summary of what you're picking up overall.

Give encouragement, empathy or inspiration.

"You got this"

"The way you feel today isn't the way you will always feel"

"Trust yourself"

Pull an oracle card or angel card to close

